



**SELEMENTS**  
Traditionelle Chinesische Medizin

Selements TCM GmbH  
Praxis für Traditionelle Chinesische Medizin  
Usterstrasse 23 | Am Löwenplatz | CH-8001 Zürich  
T: +41 44 210 2010 | e-mail: info@5elements-tcm.ch  
www.5elements-tcm.ch

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### **Practice hygiene in times of the new coronavirus/COVID-19/SARS-COV-2**

#### **What we do for you and us**

- We ventilate all practice rooms thoroughly before, during and after the practice day
- We disinfect our hands as usual, following the 30 seconds rule
- We disinfect regularly the treatment tables, door handles, table surfaces and chairs
- We wear during the practice a hygiene mask
- We wear new work clothes every day, which can be washed at least 60 degrees
- We wear our hair tied back
- We take distance. During the conversations we keep a minimum distance
- We keep the conversations short in order not to distribute unnecessary secretions (droplet infection)
- We currently refrain from pulse and tongue diagnosis, or we carry them out with the appropriate protective measures
- We change the sheets of the treatment tables after each treatment

#### **What you can do for us and yourself**

- After entering the practice we ask you to wash or disinfect your hands.
- Dispensers are available in the waiting area by the tea counter and in the bathroom.
- To dry your hands please take a clean cloth and throw it into the small laundry basket after use.

**We kindly ask you to arrive on time, as the tightened hygiene measures take time.**